



## What is CRP? Why is it important?

**What is CRP?** It is a measurement of Inflammation in the human body. Sometimes it is good, most of the time it is a harbinger of disease and death. There are **two** types of inflammation in the body. One is Acute and the other is Chronic. Acute is life saving Chronic is life threatening. According to the AMA, the CDC and many other renowned medical establishments around the world agree. Almost all major diseases are the result of Chronic Inflammation. Heart Disease, Cancer, Diabetes, Alzheimer's, and many others are all what in the medical profession are referred to as inflammatory diseases. Historically, these diseases have only been around for about the last 100 years. In fact most of the modern diseases had practically no mention until the end of the 19th century. To give you some perspective, Heart Disease was unknown in the 1850's, Cancer was an anomaly, and diabetes was a rare occurrence. Some people find that hard to believe. But the US government has kept records for over 4 centuries going back to the 1600's and it is available for everyone to research on the internet. So were doctors maybe ignorant in the past? Maybe because they lacked modern diagnostic equipment they missed these diseases? Well those are all good points, but during the civil war they performed thousands of autopsies and never mentioned plaque in the arterial walls, Cancer was known but was rare, diabetes and other diseases that are common today, just didn't exist. So why is there so many diseases today? That is the crux of modern medicine. The answer to that question is important if we are to achieve any measure of health in the modern world. What has changed? Primarily our environment! Additionally our food supply and production methods, and last our individual dietary habits. All these have converged in a perfect storm to create the health disaster that we call Modern Health, the proof as they say is in the pudding. All modern societies contend with the same diseases, as one professor put it diseases of affluence in modern societies, diseases of poverty in less developed nations. In every modern nation, the common denominator of disease is inflammation. So the first step to a healthy life is to control our CRP Levels. **Every organ system in the body is affected by Inflammation. Brain, Heart etc.** Almost all modern diseases are caused by Inflammation.

### What are your CRP levels?

.5 to <1 = Very Low Risk

1 to 3 = Average Risk

> 3 = High Risk

**High CRP Levels are the gold standard in blood work to assess risk of many disease states.**



### So what is the solution?

Modern medicine doesn't have the answer. The research shows that Anti - Inflammatory drugs are dangerous to use even for short periods of time. We are getting smarter but we still have no medical solution that doesn't carry additional risks.

Our company has one of the solutions, it fact we feel it is the best solution.

## It's Called Perfect Male and Perfect Woman



### **Ingredient List for Perfect Male and Woman**

Medicago sativa, Angelica archangelica, Pimpinella anisum, Melissa officinalis, Ocimum basilicum, Arctium lappa, Apium graveolens, Anethum graveolens, Hyssopus officinalis, Juniperus communis, Fucus vesiculosus, Foeniculum vulgare, Zingiber officinalis, Cola nitida, Origanum majorana, Verbascum thapsus, Commiphora abyssinica, Petrolinum crispum, Rosa canina, Rosmarinus officinalis, Crocus sativus, Salvia officinalis, Sambucus nigra, Camelia sinensis, Thymus vulgaris, Curcuma longa, Verbena officinalis, Salix alba, Prunus serotina, Achillea millefolium, Allium sativum, Cynarascolymus, Leonorus cardiaca, Humulus lupulus, Rubus idaeus, Crataegus oxyacantha, Inula helenium, Foeniculum vulgare, Juniperus communis, Tilia Europa.